

Preparations, Inventions, etc.

MAGGI'S GLUTEN COCOA.

MAGGI's preparations of soups, which are to be obtained from Messrs. Cozenza, of Wigmore Street, and from many leading grocers, are well known to our readers for their excellence, and they will doubtless be glad to hear that the same firm now supplies a preparation of cocoa—Maggi's Gluten Cocoa, which attains to the same high standard of excellence as the other preparations. It is a compound of fine cocoa and the gluten of wheat, thus forming a highly nutritive and digestible beverage, which is delicately flavoured and quite free from adulteration by any kind of drugs or nerve stimulants.

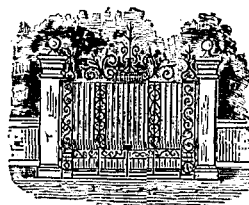
Like the other Maggi's Preparations, it is put up in a convenient and dainty fashion, each box of twelve tablets costing 1s., or post free 1s. 1½d. Each tablet is sufficient to make a breakfast cup full of fragrant cocoa, and only requires to be broken up and mixed with water or boiling milk and boiled for a moment to be ready for use, so that it is most easily made. The advantage to busy nurses of these cocoa tablets is easy to comprehend. The exact quantity, with no trouble of measuring, is ready to hand. The purity of the preparation is beyond question. District nurses, night nurses and, indeed, all solitary workers, should procure a sample of this cocoa. We commend it, as well as Maggi's Consommé and Cross Star Soups, to the attention of our readers, feeling sure that they have only to be tested to be appreciated.

BIRD'S CRYSTAL JELLIES.

Our readers probably are—they certainly should be—acquainted with the merits of Bird's Custard Powders. We have recently been trying the Crystal Jellies of this firm, and can now cordially recommend them to the notice of nurses. Many of our readers are often called upon to find some new dietetic preparation to tempt the feeble appetite of their patients, and the most fastidious convalescent should be tempted by these Jellies. Made in twelve different flavours, varying from lemon to pine-apple, and from vanilla to almond, and from apricot to black currant, so that all tastes must be satisfied, they are so easily and quickly prepared, that a jug of hot water and a mould is all that is required to transform a packet of powder into a most delicious jelly, tempting to the eye and appetising to the palate of the sick. We feel confident of our readers' gratitude to us for drawing their attention to these excellent productions, for which we venture to prophesy a successful future.

Outside the Gates.

WOMEN.



ONE usually associates the Mansion House with inartistic gorgeosity—many succulent baked meats, and much pomposity. This may libel the tone which envelops the Queen of the City, but the fact that the part during the current year is to be played by the charming

and poetic lady known to all lovers of verse as Kathleen Haydn Green should create a new atmosphere in city circles. We quote the following lines which appeared in the "Quartier Latin" written by the new Lady Mayoress:—

HARVEST.

Across the furrowed pathway of the sea
I sowed a crop of sand:
"Lo! what a golden gathering there shall be
When Harvest opes her hand!"
What my reward when reaping time had come?—
Only an empty store of wild sea-foam.
Amid the azure pathway of the sky
My store of tears I shed;
And cried, "There will fall star-gems by and by,
A harvest from o'erhead!"
What drenched the barren earth and dreary plains?—
My salty tears, that fed the Autumn rains.
Adown the fragrant pathway of the Spring
Sweet roses did I strew;
With hopeful eye a happy garnering
In Harvest-time I knew.
What did I gain?—whereat my soul yet grieves—
A meagre pile of pale and mouldy leaves!
Fate! ruler of grief's harvesting, despair,—
Fate! we have deified;
Tears evanescent, blighted leaves and bare,
Foam of the fleeting tide:
These to thine altar, thine own choice, we bring—
With satiate wrath accept the offering!

KATHLEEN HAYDN GREEN.

Lady Margaret Hall, the pioneer women's college in the University of Oxford, has just come of age with much rejoicing. The gifted Principal, Miss Wordsworth, has been head of the hall for the whole 21 years.

All the principal women's clubs are again full of life, and interesting gatherings and debates are in full swing. At the Women's Institute a new departure is being taken in providing ambulance classes, presided over by Dr. Lucy Whitty.

From Melbourne comes another blow to women suffragists. The Legislative Council, which corresponds to our House of Lords, has rejected the Bill providing for a referendum on the question of women's suffrage.

So now it is only the women in South Australia who will be able to take part in voting for the members of the new Federal Parliament, and a very serious duty

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